

Advanced level ballet schedule:

Monday 4:30 - 6:00 PM Barre a terre (floor barre)

Tuesday 4:30 – 6:00 PM Pointe

Wednesday 4:30 – 6:00 PM regular class

Friday 4:30 – 6:00 PM regular class

Location: From the Heart Music & Dance

Address: 470 S Main St ste a, Cottonwood, AZ 86326

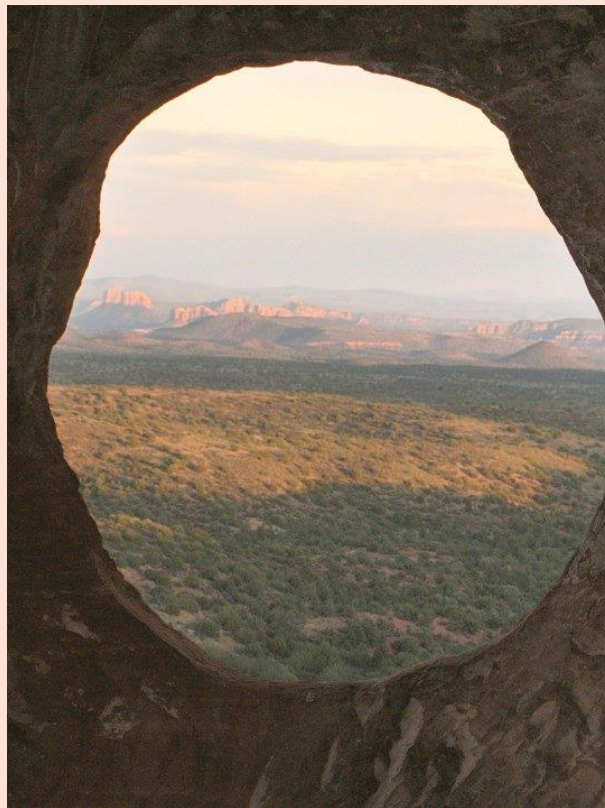
Phone(928) 300-5234

Private pre-professional & professional 90-minute coaching sessions \$125.

Upcoming Spring concert: May 14, 2022

Rehearsal: 3 Chopin Mazurkas

Spring '21 Recital clip



Sara Ezzell dance improvisation